



INSTRUCTOR

**INST**

Course Information guide

# ***WHAT IS THE INSTRUCTOR COURSE?***



The Instructor course (NCCP Context: Instructor – Beginner) is the first level of the Tennis Canada’s “Recreation – Tennis for Life” certification stream, focusing on the WPDP Stage 2 “FUNdamentals”.

This course is for anyone interested in the competencies required to introduce starter players to the game of tennis. Instructors are trained to use Progressive tennis in group lessons (1.0 – 2.5 level) at parks, community courts and in school gyms. The mission of instructor course is to develop instructors who will stimulate players’ growth and retention, and promote tennis as a sport for life, by delivering a quality tennis program.



# ***WHAT WILL I LEARN?***

The Instructor's role in our tennis community is critical. For tennis to grow and for players to stay in the game, they need to experience enjoyment and improvement. In this course you will experience and develop the qualities associated with a positive, motivating leader. As well, you will be trained to scale and modify the game your students can experience success with activities that challenge them with the right skills and play for their level. More specifically, you will learn to:

## **Lead and communicate effectively.**

- Display professionalism and enthusiasm
- Control the focus and attention of a group
- Present clear and correct visual demonstrations with concise explanations
- Provide a positive interventions that apply tactical and technical tools to improve performance

## **Manage play and practice environments.**

- Plan and implement "Learn to Play" curriculum employing Progressive Tennis so starter players can successfully serve, rally and score.
- Set up and maintain a group environment that is active, safe, and challenging while applying group organizational tools
- Organize play and apply competition tools using a variety of competitive formats, set-ups and scoring

## **Be resourceful.**

- Awareness of Tennis Canada's Wheelchair course and "Active Start" initiatives.
- Awareness of Tennis Canada's Pathway programs including Le Petit, Tennis for Schools, and Learn to Play

Follow a process for making ethical decisions consistent with the Tennis Canada Code of Ethics.

# ***WHAT ARE THE COURSE PREREQUISITES?***

1. Minimum certification requirement: None
2. Minimum age: 16 years (can participate in the course at 15 years and is evaluated and certified on or after 16<sup>th</sup> birthday)
3. Minimum level of play: 3.0
4. Completion of pre-course workbooks or e-learning modules prior to the beginning of the course.
5. Become a TEMP member of the Tennis Professional Association.



# ***HOW WILL I BE EVALUATED?***

There are 4 (four) categories of competencies candidates must complete to achieve Instructor certification:

## **Knowledge**

- Successfully complete the 8 Instructor online modules prior to the beginning of the course

## **Leadership/Professionalism**

- On-going evaluation throughout the course

## **Demonstration, Playing, and Feeding**

- Point-play and demonstration of the 5 technical fundamentals

## **Teaching**

- Demonstrate all competencies required for delivering a quality tennis session to a group of starting players

In addition, candidates are required to complete the Coaching Association of Canada's Making Ethical Decisions Competition online evaluation and the Respect in Sport for Activity Leader online module.

Candidates must achieve a “met standard” rating on all of the evaluations to be certified. If candidates achieve an “incomplete” rating on any evaluations, they must re-take that evaluation (or in the case of the knowledge evaluation workbook components, complete them). If they receive an “incomplete” on 3 or more of the 4 evaluations (1, 2, 3, 4), they must re-take the entire course at full price.

Candidates have 18 months from the date of their original course to complete all evaluations; otherwise, they must re-take the entire course at full price.

## ***WHO WILL LEAD THE COURSE?***

The course will be led by Tennis Canada Course Facilitators who are trained and developed in accordance with the Coaching Association of Canada's NCCP Learning Facilitator and Evaluator Competency requirements.

## ***WHO WILL DELIVER THE COURSE?***

Your Provincial Tennis Association.

## ***WHAT IS A TYPICAL COURSE SCHEDULE STRUCTURE?***

Candidates must attend a total of 35 hours of training over 5 days (2 weekends), along the following general timeline:

1. Friday night: 6:30 pm – 10:00 pm
2. Saturday: 9:00 am – 5:00 pm
3. Sunday: 9:00 am – 5:00 pm

This structure may be altered depending on provincial course delivery requirements.

## ***HOW MUCH DOES IT COST?***

Contact your Provincial Tennis Association or visit the TPA Website.

## ***HOW DO I REGISTER FOR THE COURSE?***

Contact your Provincial Tennis Association or visit the TPA Website.

