



COACH 4

C4

Course Information guide

# ***WHO IS THE COACH 4 COURSE FOR?***



The Coach 4 course (NCCP Context: Competition Development Advanced Gradation) is the third level of the Tennis Canada's "Competition Stream – Performance Coaching" certification stream, focusing on the LTAD Stage 5 and 6 "Learning to Perform and Learning to be a Pro" for Girls 15-16 and 17-21+ and Boys 16-18 and 19-23+.

This performance coaching course is suitable for High Performance coaches who are working and travelling at the national level and/or working with international level players. Coaches with a track record of developing and working with junior, transition or professional players through the Learning to Perform or Learning to be a Pro Stage of development (ideally age 15-23+ – international standard) according to the Tennis Canada LTAD (Long Term Athlete Development). A Coach 4 is a high- performance athlete development leader who demonstrates the highest qualities of integrity, dedication, commitment and skill towards developing top international Canadian tennis players.

Role in Industry: Leadership Position in Club or TDC, Coach traveling with players at the international level, National Coach.

**All candidates must be working year-round with top national players and ideally payers competing internationally on the ITF Junior or Pro Circuit**



# ***WHAT IS THE MAJOR FOCUS OF THE COURSE?***

The major focus of the Coach 2 course is to ensure that the coach has the competencies to develop a strong global foundation (technical, tactical, physical and psychological fundamentals) in order to maximise the player's development and transition to the next level without limitation. The priority is to develop competitive players while increasing the pool of U12 players in Canada with international profiles. The coach will be capable of creating a consistent high-performance environment while possessing the attention to detail that goes into managing a player and the relentlessness required to develop great habits. In addition, coaches will be competent in addressing the needs of top provincial/national competitive adult players in the club environment.

## ***WHAT WILL I LEARN?***

In this course you will gain knowledge and competencies on:

- **Coaching Leadership**
- **Performance Planning**
- **Coaching Effectiveness**
- **Training and Competition Readiness**

# ***WHAT ARE THE COURSE PREREQUISITES?***

1. Minimum certification requirement:  
Coach 3
2. Minimum age: 25 years
3. Being registered in the Advanced Coaching Diploma delivered by the Canadian Sport Institute (CSI).
4. Past or Present International work with players playing international competition and preferably ranked on the ITF circuit.
5. Minimum level of play: 5.0 and demonstrate advanced skills as required in order to work with a top National/International Level player at the Learning to perform Stage (ideally age 15+ international standard).
6. Coaches must have access to ONE player at the Learning to perform or learning to be a Pro Stage that they work with primarily for the duration of the course. This player will be used for your portfolio assignments.
7. Be a current member of the Tennis Professionals Association.
8. If not already done so, coaches must complete 1 MED (Make Ethical Decision) online evaluation prior to the first regrouping.
9. Provide by the beginning of the course a copy of a Vulnerable Sector Screening check done at your local police station.



# ***HOW WILL I BE EVALUATED?***

The following will summarize the various evaluations which will be used to determine certification for the Coach 4 Course. (Note: Specific topics for each evaluation will come from the LTAD for the learning to perform, learning to be a pro stage and CAC competencies requirements). These will consist of:

**Complete all assessments/requirements of the Coaching Leadership and Performance planning modules inside the Advanced Coaching Diploma delivered by the Canadian Sport Institute (CSI).**

**Complete the Tennis Specific Modules and assessment of those modules as defined by Tennis Canada.**

Candidates must achieve a “met standard” rating on all the evaluations and assignments to be certified. If candidates achieve an “incomplete or do not meet standard” rating on any evaluations or assignments, they must re-take that evaluation or redo the assignment. The timing of these evaluations and due dates for all assignments will be clearly established during the course. Evaluation Components includes:

1. Training Portfolio
2. Competition Portfolio
3. Live Observation Training
4. Live Observation Debrief
5. Mentor Debrief
6. Panel Assessment
7. Athlete's Ranking Standard
8. HP Coaching Involvement

***Note: Please note that other assignments and evaluations may be added at the discretion of the course leader in order to help ensure that course competencies are met.***

## ***WHO WILL LEAD THE COURSE?***

The course will be led by Tennis Canada's Director of High Performance Coaching – Jocelyn Robichaud along with Andre Parent – National Fitness Coach and the team of Coach Developers. The course will also include involvement of Tennis Canada National Coaches and Sport Science Experts.

## ***WHAT IS THE COURSE SCHEDULE?***

The course will be 30 days of **tennis specific** course content divided into 5 regroupings. Specifically, 3 regroupings of 5 days in length will take place at our National Training Center in Montreal and 2 regroupings of 7-8 days outside Canada, over 2 years.

**TENTATIVE** schedule of the 2018-2019 course regrouping schedule:

- Regrouping 1: October 1-5, 2018, Uniprix Stadium
- Regrouping 2: Winter 2019, International trip
- Regrouping 3: Summer 2019, Uniprix Stadium, Montreal
- Regrouping 4: Fall 2019, International trip
- Regrouping 5: Winter 2020, Uniprix Stadium, Montreal

*Note: The dates listed above are to be confirmed and might be subject to changes.*

# ***WHAT IS THE COURSE COMMITMENT REQUIRED?***

You will review and sign a Commitment to Excellence letter verifying your understanding of what will be required to complete course.

This commitment involves ensuring sufficient allotment for travel nationally and internationally during the course. This requires the cooperation and permission of your manager/leader as there is significant time away from your club or academy environment. In addition, there will be approximately 30-40 hours of a variety of home assignments between regroupings which includes items such reading, portfolio work, research, videotaping of athletes, evaluation preparation, etc.

Also, Coach will be expected to;

- 100% mandatory attendance of all days inside the program
- 100% punctuality on evaluation and assignments dates
- Complete all requirements of the course within 2 years of entry
- Engaged and committed to player improvement (competency and ranking)
- Demonstrate leadership and professionalism

Each coach's engagement in the Tennis Canada Coach 4 program will be evaluated on an annual basis to determine the extent to which the coach is full-filling their role as identified.

Coach engagement may be terminated if:

- Coach is unable to maintain minimum obligation
- Coach ceases to meet selection criteria (e.g. no longer coaching at this context)
- Coach is not in good standing with Tennis Canada, their provincial tennis association and/or CSI

Coaches who are terminated from the program will be provided with a notification.

Assignments/evaluations acquired prior to termination will be archived so that it may be available if the coach is permitted to re-engage in the future.



## ***WHERE DOES THE COURSE TAKE PLACE?***

The course will take place at the National Training Center at the Uniprix Stadium, 285 Rue Gary-Carter, Montreal, Quebec, H2R 2W1. There will be 2 international travelling trips of approximately 7-8 days each, places and dates are to be determined.

## ***HOW MUCH DOES THE COURSE COST?***

Tennis Canada course registration fee: \$2,500.00 (plus HST)

CSI Advanced Coaching Diploma: approximatively \$900 per module

Except for the course registration fee, the cost of the program is mostly covered by Tennis Canada. Participants are responsible for all fees associated with the Advanced Coaching Diploma Modules delivered by the Canadian Sport Institutes (CSI).

This program will be subsidized by Tennis Canada as follow: regroupings (3 x 5 days each at national training Center), tour experience (15 days total), course facilitator and sport science experts cost (training and evaluation). Other course operation cost such as travel for candidates outside of Quebec will cover by Tennis Canada. Candidates must organize their own accommodation. Note: Some local hotels will offer special rates.





## ***HOW DO I REGISTER FOR THE COURSE?***

1. Contact **Marie-France Mercier** at Tennis Canada by email at: **mfmercier@tenniscanada.com** for the Application Form.
2. Coaches are required to send in the following with their application form:
  - Letter of approval from the applicant's Provincial Association
3. Send your application, plus a deposit of \$500 to Tennis Canada no later than the registration date by March 31<sup>st</sup>, 2018. The balance of the course fee will be paid in full through a credit card by May 1<sup>st</sup>, 2018. Note: The deposit will be returned to any candidate who is not accepted into the program. The course will be limited to 8 Coaches who will be accepted by the selection committee.

Send your application electronically to **Marie-France Mercier** – **mfmercier@tenniscanada.com**.



## ***WHO DO I CONTACT FOR MORE INFORMATION?***

Please contact **Marie-France Mercier** – **mfmercier@tenniscanada.com**.

