



GOAL 2

C2

Course Information guide

WHAT IS THE COACH 2 COURSE?



The Coach 2 course (NCCP Context: Introduction to Competition Advanced) is the first level of the Tennis Canada's "Competition Stream – Performance Coaching" certification stream, focusing on the WPDP Stage 2 "FUNdamentals" and Stage 3 "Developement".

This coaching course is suitable for coaches who demonstrate the highest qualities of integrity, dedication, commitment and skill towards working with provincial and national competitive players.

Role in Industry: Coach at an Academy or Junior Development Program, Head Coach for U12 Program (Red, Orange, Green or U12 Full Court), Personal Coach for U12 Player, Club Level Adult Competitive Coach.

All accepted candidates must be working full-time, year-round with provincial level competitive players at minimum.



WHAT IS THE MAJOR FOCUS OF THE COURSE?

The major focus of the Coach 2 course is to ensure that the coach has the competencies to develop a strong global foundation (following the WPDP guidelines) in order to maximise the player's development and transition to the next level without limitation. The priority is to develop competitive players while increasing the pool of U12 players in Canada with international profiles. The coach will be capable of creating a consistent performance environment while possessing the attention to details that goes into managing a player and the relentlessness required to develop great habits. In addition, coaches will be competent in addressing the needs of top provincial/national competitive adult players in the club environment.

WHAT WILL I LEARN?

In this course you will gain knowledge and competencies on:

- **Safe Sport principles and practices**
- **Understanding of Tennis Canada's Whole Player Development Pathway (WPDP)**
- **Challenging point situations to develop psychological and physical skills**
- **Performance training environment to maximize player development**
- **Perceptual–decision-making training**
- **Effectiveness of tactical and technical skills**
- **Strong physical development foundations for athletes**
- **Player goal setting and annual planning**
- **Nutrition for junior athletes**

WHAT ARE THE COURSE PREREQUISITES?

1. Be a current member in good standing of the Tennis Professional Association (TPA)
2. Minimum certification requirement:
Club Professional 2 or recognition of coaching competence
3. Minimum age: 21 years
4. Minimum level of play: 5.5 NTRP
5. Coaches must be able to feed at an advanced level and demonstrate advanced skills as required in order to work with a top Provincial/ National U-12 junior player.
6. Coaches must have two U12 competitive players (provincially ranked) that they work with primarily for the duration of the course. These players will be used for your portfolio assignments.
7. If not already done so, coaches must complete the NCCP Make Ethical Decision online evaluation prior to the first regrouping of the course.
8. Additional online modules may be required for completion by the National Certification Coaching Program and/or Coaching Association of Canada.



HOW WILL I BE EVALUATED?

The following will summarize the various evaluations which will be used to determine certification for the Coach 2 Course. (Note: Specific topics for each evaluation will come from the LTAD competencies). These will consist of:

1. **Live On-Court Evaluations**
2. **Live Written Evaluations**
3. **Video Coaching Evaluations**
4. **Written and video Assignments**
5. **Final Presentation of Portfolio**
(of work done with two U12 players)

Live On-Court Evaluations

1. **Feeding and Playing test**
2. **Performance Fundamental Volume Training**
3. **Training Challenging Point Situations**
4. **Private Lesson with a Technical Focus**
5. **Perceptual Decision-Making Training**
6. **Physical Development Training**

Live Written Evaluations

Ongoing throughout the course, which will cover reading assignments and other work covered during the course.

Video Coaching Evaluations

Written Assignment/Workbook

Pre-course assignments, in course workbook, In course assignments

Final Presentation of Portfolio (of work done with your 2 players)

***Note:** *Please note that other assignments and evaluations may be added at the discretion of the Coach Developers in order to help ensure that course competencies are met. *You will review and sign a Commitment to Excellence letter verifying your understanding of what will be required to complete the course.*

Candidates must achieve a “Met standards” rating on all the evaluations and assignments to be certified. If candidates achieve an “incomplete or below standards” rating on any evaluations or assignments, they must re-take that evaluation or redo the assignment. The timing of those evaluations and due dates for all assignments will be clearly established and identified during the course.

Candidates may receive up to five “Did Not Meet Standard” ratings across all evaluations during the course, or a maximum of three such ratings within any single evaluation category. Exceeding these limits will result in **removal from the course without refund**, and the candidate will be required to reapply for a future Coach 2 Course.

WHAT ARE THE REQUIRED COURSE MATERIALS AND RESOURCES?

1. Coaches must have access to a video camera, wireless microphone, tripod, and the ability to transfer video to a computer.
2. Coaches must be able to produce documents electronically (WORD and PDF).
3. In addition to the two players in #6, coaches must have junior players (age appropriate) accessible for the implementation of tennis assignments.

WHO WILL LEAD THE COURSE?

The course will be led by Tennis Canada’s team of Coach Developers. The course will also include the involvement of Tennis Canada Sport Science Experts.

WHAT IS A TYPICAL COURSE SCHEDULE STRUCTURE?

The course will be 20 days of course work which is made up of 4 regroupings of 4 days each of in-person training and 4 webinar days over a 1 year period. 100% mandatory attendance of all regroupings is required for this course. **Attendance at all dates is 100% mandatory.**

Your commitment to the course involves making sure you are free for the webinars, in person regrouping days as well as the travel time required to attend. It may also require the cooperation and permission of your manager/leader as there is significant time away from your club or academy environment. In addition, there will be a good number of hours with a variety of home assignments between regroupings which includes items such as reading, portfolio work, research, videotaping of athletes, evaluation preparation, etc.

WHERE WILL THE COURSE TAKE PLACE?

The course will take place at Sobeys Stadium – 1 Shoreham Drive, Toronto, Ontario M3N 3A6 OR IGA Stadium – 285 rue Gary-Carter, Montreal, Quebec, H2R 2W1.

HOW MUCH DOES THE COURSE COST?

Cost of the program (must be a TPA member in good standing): \$2,150.00 (including HST). 1st payment (\$1,000.00) will be required when the coach is accepted into the course to confirm his/her place in the course. The 2nd payment (\$1150) will be processed on the first day of the first in-person regrouping.

Note: A fixed travel subsidy is offered to the candidates outside of the province where the course is being held. All candidates must organize their own accommodation. Some local hotels will offer special rates.

SCHEDULE

Regrouping 1 (Sobeys Stadium)	4 Days	Thursday to Sunday February 12th to 15th 2026 8:00 am - 4:00 pm
Webinar 1	1 Day	Thursday, March 26th 2026 10:00 am to 12:00 pm ET 1:00 pm to 3:00 pm ET
Webinar 2	1 Day	Thursday, April 30th 2026 10:00 am to 12:00 pm ET 1:00 pm to 3:00 pm ET
Regrouping 2 (Sobeys Stadium)	4 Days	Thursday to Sunday May 7th to 10th 2026 8:00 am - 4:00 pm
Webinar 3	1 Day	Thursday, August 20th 2026 10:00 am to 12:00 pm ET 1:00 pm to 3:00 pm ET
Regrouping 3 (Montreal)	4 Days	Thursday to Sunday August 24th to 27th 2026 8:00 am - 4:00 pm
Webinar 4	1 Day	Thursday, October 29th 2026 10:00 am to 12:00 pm ET 1:00 pm to 3:00 pm ET
Regrouping 4 (Sobeys Stadium)	4 Days	Thursday to Sunday November 5th to 8th 2026 8:00 am - 4:00 pm



HOW WILL SELECTION OF COURSE PARTICIPANTS BE DETERMINED?

All coaches applying for the Coach 2 course must be Active TPA members. Selection of course participants will be based on the Club Professional 2 coaching course performance, involvement in coaching, coaching experience/results and on past and current playing level.



HOW DO I REGISTER FOR THE COURSE?

1. Contact **Alastair Millar** at Tennis Canada, by email at: **amillar_external@tenniscanada.com** for the Application Form.
2. Once accepted, you will receive a link to register for the course and make the first installment of \$1000 by **December 10th, 2025**. The rest of the cost must be paid in full by credit card before the first day of the course.



WHO DO I CONTACT FOR MORE INFORMATION?

Please contact Alastair Millar at **amillar_external@tenniscanada.com**

